



VITAL INFORMATION

Pre-Treatment & advice for your Microblading/Microshading Procedure.

Since delicate skin or sensitive areas may swell or redden slightly, it is advised that you are not make social plans for same day. Eyebrows may appear crusty for up to one week. Electrolysis should not be done within 2 weeks prior of your procedure. Do not resume this method of hair removal for 2 weeks after procedure.

Do not dye eyelashes or eyebrows 1 week prior to procedure & wait at least 2 weeks after the eyebrow procedure & wait at least 2 weeks after the eyebrow procedure before dying brows.

Do not drink Coffee nor Tea on the day of the procedure. In fact avoid all caffeine on the day of the procedure.

Avoid alcohol for a few days (at least 2 days0 prior to the procedure.

Please take **2x Myprodol** (or generic) capsules an hour before the procedure to make the procedure more comfortable.

If you have any leaser treatment done after **Microblading /Microshading**, makes sure the brows area is covered (toothpaste or zinc oxide which is sun block).

Medication not to be taken for 7 Days before your Microblading /Microshading Procedure.

- **Vitamin B12** - This will interfere with the anesthetic & you will not numb.
- **Any Diet pills** - This will interfere with the anesthetic & you will not numb.
- **Slimming Mixtures** - This will interfere with the anesthetic & you will not numb.
- **Anything (Stimulants) that keeps you awake during the day** - This will interfere with the anesthetic & you will not numb
- **Omega 3, 6 &9** - It thins your blood & all the pigment will bleed out. It also causes bruising a& swelling
- **Aspirin Or Brufen** - It thins your blood & all the pigment will bleed out. It also causes bruising a& swelling. (Please note that Myprdol tablets do contain **Aspirin Or Brufen** but you are allowed to take these an hour before your procedure).

SINCERELY,
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